

RehaCross - Multifunctional wall panel for tubing/bands exercises

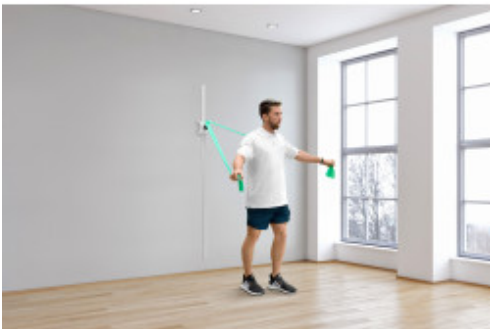


Product short description:

RehaCross is a very easy to assemble and safe equipment for attaching different resistance tapes (available on the market).

Simple, lightweight construction with a (wall-mounted) guide rail and adjustable band lock which take up little space. Suitable for use in sport centers or in homes.

Product gallery:



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RehaCross is a very easy to assemble and safe equipment for attaching different resistance tapes (available on the market). Simple, lightweight construction with a (wall-mounted) guide rail and adjustable band lock which take up little space. Suitable for use in sport centers or in homes. Flexible bands support a very diverse resistance trainings, which mobilize deep muscles highly efficiently and improve stability and balance control.

Dumbbells or weights can be replaced with bands of different resistance. Adjustable band holder allows for custom-made training for upper and lower limbs, trunk muscles and myofascial workout.

The device will definitely help increase the effectiveness of each training and will also serve healthy people who want to prevent joints and muscles injuries and pain.

Features:

Compact

Easy assembly

Convenient height adjustment

Fast band change

One device, many possibilities

Used in:

Fitness clubs

Sports centers, gyms

Homes

Gymnastic classes

Rehabilitation centers

Swimming training

...Head of the Center for Orthopedic Manual Therapy at the Spa Clinic "Pod T??niami" in Ciechocinek.

Video presentation:**Product codes:**

Reference: 01-SPG-0101-001

EAN13: -

UPC: -

Product features:

Product attributes: