

PelvicTutor - Device for training and supporting therapy of the pelvic floor muscles



Product short description:

PelvicTutor is a non-invasive device for training the pelvic floor muscles (MDM). The product allows you to visualize the MDM using a sensor built into the seat, which records the activity of the pelvic floor muscles during tensing, relaxation and the duration of contraction during the exercises.

Product gallery:



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The **PelvicTutor** gives insight into training progress. The device is used to assess the overall performance of the superficial layer of the pelvic floor muscles, to designate training to isolate the work of the pelvic floor muscles from the other muscle groups, or to make the patient aware of the importance of proper pelvic floor muscle work in terms of their health and well-being.

Indications for training:

Prevention of pelvic floor muscle dysfunction

Support of urinary incontinence therapy

Strengthening of pelvic floor muscles

Education of elderly people about pelvic floor muscle dysfunction

Training and education of people in whom vaginal and/or rectal work is contraindicated or impossible

Shaping the strength and endurance of the pelvic floor muscles

Training and regeneration of the pelvic floor muscles in women after childbirth

Prevention and support in the treatment of male erectile dysfunction

Advantages of PelvicTutor:

Versatility and safety

The device can be used by adult patients, both men and women. Training on the **PelvicTutor** is safe and causes no side effects, even for women after childbirth and those who have undergone pelvic floor surgery, provided that all wounds are fully healed.

Exercises take place in a non-restrictive manner, with clothing worn and without intimate contact. A sensor is placed in the seat to record muscle contractions. The muscles are activated through coordination exercises, and through feedback, the patient can be taught to exercise in a conscious, correct, and controlled manner. The entire training course can be followed in real time.

Comfort

The unique design makes it easy to assume the correct position and ensures proper activation of the pelvic floor muscles, without compensating the surrounding muscles.

PelvicTutor is a great alternative for people who can't overcome the shame barrier or have other contraindications to internal probes.

PelvicTutor provides customized programs

Each program is preceded by a strength test and the ability to change the width of the established training path, which allows you to easily adjust the difficulty of the training session and tailor it to your individual needs.

Repeatability of positions during training

The scales on each adjustable component allow us to record the patient's position during exercise and repeat it during subsequent workouts. This enables us to compare the values achieved in each session and track the patient's progress more accurately.

Ready-made programs for shaping strength and endurance

Programs designed to develop strength and endurance allow the therapist to easily direct the training in a given patient. Each program is preceded by a strength test and the possibility of changing the width of the established

training path, which allows for easy adjustment of the difficulty level of the training session. The patient's task is to control the tension of the pelvic floor muscles so that the reading is between the designated lines, as close to the center as possible.

Friendly interface

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Technical data:

Maximum patient weight [kg]:	160
Screen tilt adjustment range [°]:	0 / +20
Touchscreen rotation range	150° (in both directions)
Backrest height adjustment range [cm]:	0-14
Hip support height adjustment range [cm]:	0-4
Hip support extension adjustment range [cm]:	0-7
Seat dimensions [cm]:	? 29,5
Seat height (minimum/maximum) [cm]:	42/55
Height of leg support [cm]:	25
Length [cm]:	90
Width [cm]:	62
Height [cm]:	113
Electric shock protection class:	II
Application part:	Type B
Degree of protection of the device:	IP20
Unit weight [kg]:	42

Video presentation:

Product codes:

Reference: 01-PEL-0101-001

EAN13: -

UPC: -

Product features:

Product attributes: